

# EMERGENCY PREPAREDNESS

## SHOW WHAT YOU KNOW

Being knowledgeable and prepared can mean the difference between life and death for you and your loved ones. Show what you know about dealing with disasters and medical emergencies.

### EMERGENCY PREPAREDNESS BASICS: True Or False

Write "True" after the statements that are correct and "False" after the ones that are wrong.

1. Most people can survive for several days on half the normal amount of food. \_\_\_\_\_
2. A metal shed or mobile home can provide safe shelter from a tornado. \_\_\_\_\_
3. A "hurricane warning" means a hurricane is expected with 24 hours. \_\_\_\_\_
4. Regular homeowner's insurance covers flood damage. \_\_\_\_\_
5. To avoid a fire hazard, clean the lint screen in your clothes dryer every month. \_\_\_\_\_



### EMERGENCY ACTION: Multiple Choice

Circle the best answer to each multiple-choice question or statement below.

6. Which is **not** necessary in planning for a disaster that could strike your home?  
A. Draw a floor plan of your home that shows escape routes from each room.  
B. Have everyone who lives there practice escaping from each room.  
C. Keep escape routes clear at all times.  
D. Check out prices at local hotels for the best deal in case you need a room.
7. In case you have to leave home suddenly, which is the least important?  
A. Knowing safe evacuation routes for your area.  
B. Taking along the house key you have hidden outside.  
C. Knowing how to turn off the gas, water, and electricity lines at your home.  
D. Having a disaster supply kit ready to take with you.
8. Your disaster supply kit should include...  
A. three days' worth of food and water for each family member.  
B. several books for each family member to read.  
C. a nice-looking outfit in case you have to eat out.  
D. a five-gallon can of gasoline.
9. If water service is out and you're short on water for cooking and drinking, you can use water from the...  
A. toilet bowl.      B. toilet tank.      C. swimming pool.      D. car radiator.
10. If power goes out at your home, you should first...  
A. see if you still have cell phone service.  
B. tape the refrigerator door shut so food doesn't spoil.  
C. check your fuse box or circuit breakers.  
D. open all windows to allow fresh air in.



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## ANSWER KEY

1. **TRUE.** But children and pregnant women should get full portions if possible, while food for other adults can be rationed if needed.
2. **FALSE.** Metal structures provide little or no protection from the power of a tornado. Find a sturdy building nearby for safe shelter.
3. **TRUE**
4. **FALSE.** Those who live in flood-prone areas should consider purchasing flood insurance through the National Flood Insurance Program.
5. **FALSE.** The lint screen on the clothes dryer should be cleaned before EVERY use.
6. **D.** However, it is valuable to know beforehand where emergency shelters in your area are located and which shelters—and hotels—permit pets.
7. **B.** But you should lock all doors and windows before leaving.
8. **A.** For a complete list of what to include in a disaster supply kit, go online to [www.ready.gov/kit](http://www.ready.gov/kit).
9. **B.** Water from the toilet tank, on the back of the toilet, is safe for cooking and drinking. Never use water from the toilet bowl.
10. **C.** Also, contact your neighbors to see if their power is out.